

**B**ringing IntroDanza to your community is actually very simple and the requirements are few.

**Venue requirements:** A spacious movement room, similar to one used for yoga or other movement activities. Ideal floor is wood, but carpet or tile will do. The size of the room will depend on the amount of people invited. Depending on the weather, outdoor space will work nicely too. IntroDanza has also been invited to homes, so as long as there is some silence and privacy, that can also work well.

**In the first part of the workshop, people are sitting.**



**The 2nd part is experiential, with IntroDanza. A bigger space will be required according to N° of participants.**



**Outdoors. Floor must be flat.**



**In a gym, with wooden floors and mirrors.**



**Equipment requirements:** (1) Power & Music equipment that will connect to Carolina's phone, where the music is. The size and power of it will depend on the size of venue and number of participants. (2) A Wireless microphone and sound for it *might* be needed if number of people exceeds 35.

**Other requirements:** (\*) chairs to accommodate participants for the initial talk/teaching (sitting for approx. 90 min. at the beginning of each session. May vary in Intensives). (\*\*) Cushions for the floor can also be used depending on community and (\*\*\*) For Carolina, a table for material support.

### **ABOUT TRAVEL AND ACCOMODATION**

As IntroDanza's developer -now living in Ibiza, Spain- Carolina travels where invited. Hosts provide accommodation and board for her stay in the community. Most of the time she travels with a partner / organizer / trainee, whose travel and accommodation need to be provided for as well.

IntroDanza sessions and workshops are offered under set costs. NoOne will be turned down for monetary reasons so contact us.

**These number are only to serve as a guideline.**

**FOR TRIPS OUTSIDE SPAIN** - *minimum number of people per group: 15*

**3-4 hour sessions** are offered for **35 euros** (per session, per person)

**One day workshop** is offered for **70 euros** (per person)

**1 ½ Day Intensive** is offered for **110 euros** (12-14hrs. / per person)

To this date, her travels have been sponsored by individuals who discovered in IntroDanza a self-enquiry method to heal the mind in an experiential format, using A Course in Miracles as its framework.

**ABOUT CAROLINA CORADA** It is said that she 'walks her talk'. She lives a very simple life in Spain, and has been 100% devoted to IntroDanza and A Course in Miracles for the past 12 years. Her heart-opening work on behalf of inner peace and self-enquiry is known and appreciated, not only in those countries she has visited, but also around the world thanks to internet, where she has many videos on her YOUTUBE Channel -carolinacorada- She talks on two world wide online radio stations weekly, writes and teaches ACIM groups in Spanish, English and Portuguese in her home island of Ibiza, and regularly tours Spain and other countries such as Venezuela, Brazil, USA, Colombia, Sweden, UK, Ireland and Denmark. She is perfectly bilingual in Spanish & English and speaks French and Portuguese. She is considered one of the main Spanish Voices for A Course in Miracles.

Visit: [www.carolinacorada.com](http://www.carolinacorada.com) & [www.ibizaenlightfestival.com](http://www.ibizaenlightfestival.com)

Write to us on: [carolinacorada@yahoo.com](mailto:carolinacorada@yahoo.com)